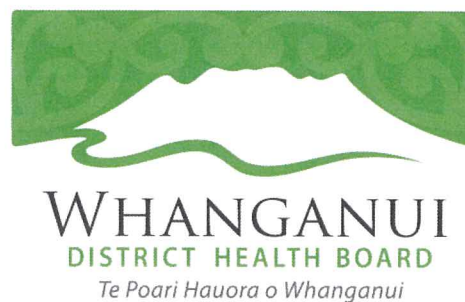


15 July 2021

Ruth Hill



Via email: Ruth.Hill@rnz.co.nz

100 Heads Road, Private Bag 3003  
Whanganui 4540, New Zealand

Tēnā koe Ruth

### Official Information Act Request – OIA 13573 Gender Dysphoria

On 17 June 2021, under section 12 of the Official Information Act, you requested the following information from Whanganui District Health Board (WDHB):

1. How many people were referred to the DHB for gender reassignment hormone therapy in each calendar year since 2006 until the present time?
2. What was the breakdown of ages in each of those years (youngest/oldest/median age)?
3. How many were transitioning male to female and how many female to male in each of those years?
4. How many children were referred for puberty blocking drugs in each calendar year since 2006?
5. How many people had psychological treatment for gender dysphoria in each calendar year since 2006?
6. How many people had double mastectomies (top surgery) as treatment for gender dysphoria in each calendar year since 2006?
7. What was the breakdown of ages in each of those years?

#### Whanganui District Health Boards response:

##### 1. How many people were referred to the DHB for gender reassignment hormone therapy in each calendar year since 2006 until the present time?

Whanganui DHB started hormonal therapy in 2019, prior to 2019 all referrals went to Midcentral DHB.  
2019 – 5 referrals received.  
2020 – 13 referrals received.  
2021 – 6 referrals as of 30 June 2021.

##### 2. What was the breakdown of ages in each of those years (youngest/oldest/median age)?

Year	Youngest years of age	Oldest years of age
2019	13	33
2020	16	23
2021	9	29
<b>Median</b>	<b>16</b>	

##### 3. How many were transitioning male to female (MTF) and how many female to male (FTM) in each of those years?

2019	MTF – 0	FTM – 5	
2020	MTF – 8	FTM – 4	Asexual - 1
2021	MTF – 5	FTM – 1	

**4. How many children were referred for puberty blocking drugs in each calendar year since 2006?**

18 children aged 18 or under have been referred to our DHB since 2019 for this treatment.

**5. How many people had psychological treatment for gender dysphoria in each calendar year since 2006?**

WDHB does not offer psychological treatment services for gender dysphoria. Clients are referred to MidCentral DHB and some prefer to go to private providers elsewhere.

**6. How many people had double mastectomies (top surgery) as treatment for gender dysphoria in each calendar year since 2006?**

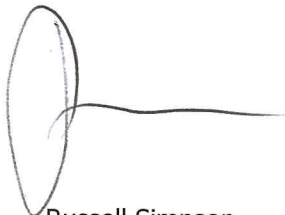
Whanganui DHB does not offer surgery as treatment for gender dysphoria.

**7. What was the breakdown of ages in each of those years?**

See response to question 6 above

Should you have any further queries about the above information, please contact our OIA co-ordinator Anne Phoenix at [anne.phoenix@wdhb.org.nz](mailto:anne.phoenix@wdhb.org.nz)

Ngā mihi

A handwritten signature in blue ink, consisting of a large, loopy initial 'R' followed by a long, horizontal, slightly wavy line.

Russell Simpson  
**Chief Executive**